



**wirralmetro**

# **“HOPEFULLY OMIGONE” Development Gala**

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**REGIONAL QUALIFIER**

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**Level 3 Gala**

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**ASA Licence 3NW\*\*\*\*\***

**Europa Pools, Birkenhead**

**March 5th and 6th 2022**

Meet Promoter: Craig Pickering

Email : [wirralmetro@hotmail.com](mailto:wirralmetro@hotmail.com)

Gala Secretary  
Craig Pickering  
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# WIRRAL METRO "HOPEFULLY OMIGONE" DEVELOPMENT GALA

3NW\*\*\*\*\*

March 5<sup>th</sup> and 6<sup>th</sup> 2022

## ENTRIES:

Entries should be on Hy-tec Lite via zipped e-mail and will not be considered until full payment has been received.

Payment to be made on one combined cheque, made out to Wirral Metro S.C.

Paper based entries are welcome for clubs entering 5 or less swimmers, the individual entry form is on the Wirral Metro Website

All times submitted must be for a 25m short course pool, converting if necessary, using A.S.A. equivalent Performance Tables.

All submitted times must be equal to or slower than the published upper entry times.

Successful and Scratched entries will be confirmed via email.

The acceptance of competitors will be based on a **first come first served basis**, as a consequence we may close this Gala earlier than the cut off date. As many heats as possible will be run in the time available for the Meet. The promoters reserve the right to amend the number of heats in each event depending on entry numbers. Heats will be swum with all age groups combined and swimmers seeded by entry times. A strobe starting light is available at this meet.

The cut-off date for entry receipt is Friday February 18<sup>th</sup> 2022.

Please do not send entries via recorded/tracked/signed for delivery

## ENTRY FEES:

Electronic entries £7.00 per event

Paper Entries £8.00 per event

NO ENTRIES WILL BE ACCEPTED UNTIL PAYMENT FOR ENTRIES ARE RECEIVED EITHER BY CHEQUE (PAYABLE TO WIRRAL METRO SC) OR DIRECTLY TO THE WIRRAL METRO BANK.

ACCOUNT NUMBER: 10944157

SORT CODE: 202950

IF PAID ELECTRONICALLY PLEASE PLACE NAME OF SWIMMER OR CLUB UNDER THE REFERENCE AND ADVISE THE MEET PROMOTER BY EMAIL SEPARATELY

## THE COMPETITION:

ALL withdrawals should be carried out using the form provided or by email to the above address at least 30 min's before the start of each warm up. It is the swimmers responsibility to report to the competitor's steward/marshalls when their event is called. All events will be swum in 'integrated age groups' with seeding by submitted times. All events are HEAT DECLARED WINNER. (H.D.W.)

The meet will run under the ONE START RULE, using over the top starts whenever possible.

Times and places shown on the electronic score board are for information only and not necessarily the official result.

THE REFEREE'S DECISION IS FINAL

WIRRAL METRO "HOPEFULLY OMIGONE"  
SPRING DEVELOPMENT MEET 2022

3NW

March 5<sup>th</sup> and 6<sup>th</sup> 2022

**WE ARE ASSUMING THAT SPECTATORS WILL  
**NOT** BE ALLOWED INTO THE VENUE TO SEE  
THE GALA, THIS MAY CHANGE AND WE WILL  
KEEP YOU INFORMED, WE ARE UNDER THE  
ADVICE AND INSTRUCTION OF WIRRAL  
BOROUGH COUNCIL.**

POOLSIDE PASSES:

Coaches and team managers Pass @ £12.00 to include entry to poolside programme and result sheets which will be emailed to your club.

There is an entry form provided for poolside passes and all applicants should have the correct A.S.A. Registration and clearances for child protection purposes.

None pass holders will be refused entry onto the poolside. Passes to be worn at all times.

AWARDS:

Medals will be awarded to the three fastest swimmers in each event.

9,10,11,12,13,14/over Girls.

9,10,11,12,13,14/over Boys.

Age as at 6<sup>th</sup> March 2022

HEALTH & SAFETY

All swimmers and other personnel must abide by the Health & Safety rules laid down by the venue Management.

Team-Managers and Chaperones shall be responsible for their swimmers conduct at all times. Any person contravening these rules may be excluded from taking part in our meet.

Any person wishing to engage in photography or video use must register their details at the spectator entry desk. The photography pass is not transferable and must be worn at all times.

GENERAL INFORMATION

To abide by venue conditions there will be a break within both Morning and Afternoon sessions. This is due to hopefully reduce numbers on poolside during the gala in each session.

Any queries please do not hesitate to contact me.

Swimmers must be supervised during warm-up by their Club Coach/Poolside Official.

Any points not covered will be at the discretion of the Promoter

**WIRRAL METRO "HOPEFULLY OMIGONE" LEVEL 3 SPRING MEET  
SATURDAY AND SUNDAY 5<sup>TH</sup> & 6<sup>TH</sup> MARCH 2022**

**SATURDAY 5<sup>TH</sup> MARCH 2022**

**SESSION 1**

EVENT	WARM UP 7-45 = START 8.45	
101	BOYS 9-18 YEARS OLD	400M FREESTYLE
102	GIRLS 9-18 YEARS OLD	200M INDIVIDUAL MEDLEY
103	BOYS 9-18 YEARS OLD	50M BUTTERFLY
104	GIRLS 9-18 YERS OLD	50M FREESTYLE

**SESSION 2**

EVENT	10 MINS WARM UP TBA = START TBA	
101	BOYS 9-18 YEARS OLD	100M BACKSTROKE
102	GIRLS 9-18 YEARS OLD	100M BREASTSTROKE
103	BOYS 9-18 YEARS OLD	200M BREASTSTROKE
104	GIRLS 9-18 YERS OLD	200M BACKSTROKE

**SESSION 3**

EVENT	WARM UP TBA = START TBA	
301	GIRLS 11-18 YEARS OLD	400M INDIVIDUAL MEDLEY
302	BOYS 9-18 YEARS OLD	200M FREESTYLE
303	GIRLS 9-18 YEARS OLD	50M BREASTSTROKE
304	BOYS 9-18 YERS OLD	50M BACKSTROKE

**SESSION 4**

EVENT	10 MINS WARM UP TBA = START TBA	
401	GIRLS 9-18 YEARS OLD	100M FREESTLYE
402	BOYS 9-18 YEARS OLD	100M BUTTERFLY
403	GIRLS 9-18 YEARS OLD	200M BUTTERFLY

# IMPORTANT NOTICE

**All participants will be subject to adherence to Government and Facility Covid requirements, and the promoter reserves the right to make changes in order that it is achieved.**

**WIRRAL METRO "HOPEFULLY OMIGONE" LEVEL 3 SPRING MEET**  
**SATURDAY AND SUNDAY 5<sup>TH</sup> & 6<sup>TH</sup> MARCH 2022**

**SUNDAY 6<sup>TH</sup> MARCH 2022**

**SESSION 5**

EVENT	WARM UP 7-45 = START 8.45	
501	GIRLS 9-18 YEARS OLD	400M FREESTYLE
502	BOYS 9-18 YEARS OLD	200M INDIVIDUAL MEDLEY
503	GIRLS 9-18 YEARS OLD	50M BUTTERFLY
504	BOYS 9-18 YERS OLD	50M FREESTYLE

**SESSION 6**

EVENT	10 MINS WARM UP TBA = START TBA	
601	GIRLS 9-18 YEARS OLD	100M BACKSTROKE
602	BOYS 9-18 YEARS OLD	100M BREASTSTROKE
603	GIRLS 9-18 YEARS OLD	200M BREASTSTROKE
604	BOYS 9-18 YERS OLD	200M BACKSTROKE

**SESSION 7**

EVENT	10 MINS WARM UP TBA = START TBA	
701	BOYS 11-18 YEARS OLD	400M INDIVIDUAL MEDLEY
702	GIRLS 9-18 YEARS OLD	200M FREESTYLE
703	BOYS 9-18 YEARS OLD	50M BREASTSTROKE
704	GIRLS 9-18 YERS OLD	50M BACKSTROKE

**SESSION 8**

EVENT	10 MINS WARM UP TBA = START TBA	
801	BOYS 9-18 YEARS OLD	100M FREESTLYE
802	GIRLS 9-18 YEARS OLD	100M BUTTERFLY
803	BOYS 9-18 YEARS OLD	200M BUTTERFLY

**NB. Rather than entering with No Time please get a Coaches Time it makes the running time of the event more accurate and may allow more entries into the Gala. For these times, please get your coach to initial them as conformation.**



Wirral Metro "Hopefully Omigone" Gala Level 3  
 Licence 3NW\*\*\*\*\* Saturday March 5<sup>th</sup> and Sunday March 6<sup>th</sup> 2022  
 No swimmer should enter a time faster than those indicated below  
 Age at the 6<sup>th</sup> March 2022

BOYS UPPER TIME LIMIT							Girls UPPER TIME LIMIT					
Age 9	Age 10	Age 11	Age 12	Age 13	Age 14+		Age 9	Age 10	Age 11	Age 12	Age 13	Age 14+
31.00	30.00	29.00	28.00	25.00	23.00	50m Freestyle	33.00	31.00	29.00	28.00	27.00	25.00
1.05.00	1.03.00	1.02.00	1.00.00	56.00	51.00	100m Freestyle	1.07.00	1.05.00	1.04.00	1.03.00	59.00	56.00
2.20.00	2.15.00	2.10.00	2.05.00	2.03.00	1.58.00	200m Freestyle	2.23.00	2.17.00	2.12.00	2.07.00	2.05.00	2.02.00
5.15.00	5.10.00	5.00.00	4.45.00	4.35.00	4.15.00	400m Freestyle	5.15.00	5.10.00	5.05.00	5.00.00	4.45.00	4.30.00
37.00	35.00	33.00	32.00	30.00	27.00	50m Backstroke	38.00	37.00	35.00	33.00	31.00	29.00
1.15.00	1.12.00	1.10.00	1.06.00	1.02.00	1.00.00	100m Backstroke	1.17.00	1.15.00	1.14.00	1.10.00	1.06.00	1.02.00
2.40.00	2.30.00	2.25.00	2.22.00	2.19.00	2.10.00	200m Backstroke	2.50.00	2.45.00	2.38.00	2.30.00	2.22.00	2.18.00
45.00	41.00	38.00	35.00	32.00	28.00	50m Breaststroke	45.00	41.00	38.00	35.00	33.00	30.00
1.35.00	1.32.00	1.28.00	1.23.00	1.15.00	1.08.00	100m Breaststroke	1.35.00	1.32.00	1.28.00	1.23.00	1.17.00	1.10.00
3.20.00	3.10.00	2.55.00	2.40.00	2.30.00	2.20.00	200m Breaststroke	3.20.00	3.10.00	2.55.00	2.45.00	2.32.00	2.22.00
40.00	36.00	34.00	32.00	28.00	25.00	50m Butterfly	40.00	36.00	34.00	32.00	29.00	27.00
1.25.00	1.20.00	1.16.00	1.07.00	1.00.00	57.00	100m Butterfly	1.27.00	1.22.00	1.18.00	1.10.00	1.05.00	1.00.00
3.10.00	3.00.00	2.40.00	2.30.00	2.18.00	2.05.00	200m Butterfly	3.10.00	3.00.00	2.45.00	2.40.00	2.25.00	2.15.00
3.00.00	2.50.00	2.40.00	2.30.00	2.15.00	2.05.00	200m IM	3.00.00	2.50.00	2.40.00	2.33.00	2.20.00	2.10.00
		5.25.00	5.10.00	4.50.00	4.40.00	400m IM			5.40.00	5.30.00	5.10.00	4.50.00